



12<sup>th</sup> June 2023

Dear Parent/Carer,

### **John 6:51 -58**

<sup>51</sup> I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world."

<sup>52</sup> Then the Jews began to argue sharply among themselves, "How can this man give us his flesh to eat?"

<sup>53</sup> Jesus said to them, "Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup> Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. <sup>55</sup> For my flesh is real food and my blood is real drink. <sup>56</sup> Whoever eats my flesh and drinks my blood remains in me, and I in them. <sup>57</sup> Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. <sup>58</sup> This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever."

Bread nourishes us, so Jesus uses that term to describe himself. But 'living' bread is an effort to reveal more deeply how profoundly he nourishes us. He offers us a relationship in which we can 'abide' in security. We need that life-giving relationship more than ever today.

### **First Communion**

There will be a meeting for all parents who are interested in the First Communion Programme for 2024 on **Saturday, 24<sup>th</sup> June 2023 at 9:00 am at St Michael's Church. All interested parents must attend with their child/children.**

You will need to complete an application which you can get from the church. Your child/children must be at least 8 years old by the 31st August 2024.

### **RSHE Week**

From September 2020, it is statutory for all primary schools to teach relationships and health education. Relationships and health are usually covered in general everyday classroom learning, in assemblies and sometimes in science (e.g healthy eating). Increasingly, learning about online safety touches on these issues also. RSHE is the lifelong learning about physical, moral and emotional development.

During the week beginning 19<sup>th</sup> June, we will teach our relationship and sex education (RSE) lessons across the school. For the teaching of RSE we use a programme called **Ten:Ten**; some of you attended meetings recently that provided information about this programme. The Ten:Ten programme, **Life to the Full**, has been approved by our diocese. Furthermore, Ten:Ten have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the subject of the new statutory curriculum. Therefore, we are confident that this programme is a very good fit for our school.

Through their programme, Ten:Ten understand the foundational role that parents have in educating and nurturing their children on these matters

Please see attached parent guide about the teaching of RSE at St Michael's.

### **Sports Day 2023**

On Wednesday, 21<sup>st</sup> June 2023, we will have our annual Sports Day for Reception to year 6 in Flanders Field. Sports Day begins at 9:30 am. Parents are warmly invited to attend in order to support the children. Children should attend school in their full PE kits and with water bottles for the day.

### **Warm Weather Reminder**

With the arrival of our wonderful warm weather this week, I would like to remind parents/carers about the use of sun protection. Ideally, please apply sun cream to your child before they come to school on hot days. The long lasting protection types are recommended. Also please provide a summer cap/hat, if possible for playtimes.

### **International/Destinations Week**

Each year the children study an international topic where they learn about another country including the history, art, geography, culture, food, music, etc. This year's topic 'Destinations' will study countries on almost all the continents. This topic will culminate in our International/Destinations celebration on **Wednesday, 5<sup>th</sup> July from 2:30 pm for years 1-6 (please note new date)**. We anticipate that the performances will last for approximately 1 hour and the children will be dismissed at the end of the performance. Dismissal is likely to be at 3:30 that day for years 1-6.

As a part of this celebration the children will share some information about what they learned and perform a poem, song or dance from their country. After the performances, parents are invited to take part in further music, food and fun together. There was a google form sent out recently for parents to volunteer to help on the day.

**The Nursery and Reception children will have their International Celebration on Thursday, 6<sup>th</sup> July from 10:30 - 11:30 am.**

### **School Uniform**

As we draw closer to the end of the academic year, just a reminder about the uniform policy when you are purchasing uniforms for September.

**In light of the cost of living crisis, the governing body have made some changes to the school uniform and reduced to number of items that parents must purchase that have the school's logo on them. Please look carefully at the update school uniform information on the website.**

The uniform policy is available on the website for further reference  
<https://st-michaels.newham.sch.uk/parents-and-carers/school-uniform/>

As you replenish your child's school uniform for September please be aware of acceptable school shoe. Please be aware that boots are not acceptable school shoes. We allowed boots during the period of snow and ice, however children need to return to wearing their school shoes.



### **Parent Advice and Support**

We are in difficult times and need to try to support each other as best as we can. The school website has an advice and support section with links to organizations that can provide legal advice, debt management advice and food banks.

<https://st-michaels.newham.sch.uk/parents-and-carers/advice-and-support/>

If you need further advice or support please go to the school office and request an appointment with a member of the senior leadership team.

### **Newham Libraries**

There are ten libraries across Newham, each offering a range of services and community activities. As well as a fantastic selection of books and other reading material of course. **The libraries also provide free computer and internet access.**

<https://www.newham.gov.uk/libraries-arts-culture/newham-library-services>

God Bless,

N. Scott

Acting Executive Head Teacher